

National Nutrition Week is an annual nutrition event organised by Food & Nutrition Board. It is celebrated from 1 September to 7 September to make people aware about nutrition and awareness. Faculty of Biosciences takes an initiative to celebrate this week by organizing activities like 3-days online quiz covering basics of nutrition, guess the food, and myths & fact about nutrition and an invited lecture by wellness expert and renowned nutritionist Dr. Avantina Sharma will address about “Vitamin D & its relevance to COVID-19” followed by e-poster presentation on the topic “Relevance of immune boosting food in COVID-19”. Anyone interested may attend this event.

FREE
E-CERTIFICATE



**SHRI RAMSWAROOP
MEMORIAL UNIVERSITY**

FACULTY OF BIOSCIENCES (FoBS)
INSTITUTE OF BIOSCIENCES & TECHNOLOGY

TAKES AN INITIATIVE TO CELEBRATE “NNW-2020” ON :

THEME NATIONAL NUTRITION WEEK 2020

EAT RIGHT BITE BY BITE





Chairman
Dr. Mahesh Kumar Basantani
Prof. (Dr.) Director-IBST, SRMU



Convener
Dr. Sunil Kumar
Asso. Prof. & Dean-FoBS, SRMU



Organizing Secretary
Ms. Sonal Prasad
Asst. Prof., FoBS, SRMU
[Mob. No. 9335698597]



Invited Speaker
Dr. Avantina Sharma
Wellness Advisor, Author & Nutritionist
Ex. Asso. Prof. Adjunct University, New York

PROGRAM SCHEDULE :

DATE	ACTIVITY	TIMING
SEP 2	ONLINE QUIZ	3:00 PM
SEP 3	GUESS THE FOOD	3:00 PM
SEP 4	MYTH OR FACT	3:00 PM
SEP 7	WEBINAR	3:00 PM

REGISTRATION LINK :

<https://docs.google.com/forms/d/1l45hORkLvofYqBfWQkiu>

ONLINE
PLATFORM



FOR DETAILS :

FACULTY COORDINATORS :
Dr. Neeraj Gupta
Dr. Himani Singh
Dr. Garima Gupta

STUDENT COORDINATORS :
Sudhanshu Srivastava
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